



Town Hall

DoD Mental Health TF

20 September 2006





Fort Hood 12 Month Deployment Cycle

Mental Health Support During Deployment

Brigade Medics, Medical Officers, Chaplains
Brigade Mental Health Resources

Combat Stress Company - Deploys Teams to augment Brigades & Units with increased requirements.

Combat Support Hospitals

Mental Health Support by Medical and nursing staff and embedded Psychiatrist
Mental Health NCO

Rapid Evacuation to CONUS hospitals, as needed.

Preparation to Redeploy

Briefings by Unit Leaders, Chaplains, Medical Officers

Post-Deployment Questionnaire

Redeployed Home Station

Reverse - SRP

Provider Review Post-Deployment Questionnaire:

Identify Soldiers needing immediate mental health assistance.
Educate Soldiers about Stress-Related Symptoms
Educate Soldiers how to access mental health services.

Deploy

Train

Reconfigure

Reconstitute

Reintegrate

Redeploy

Mission Execution Support

12 Month Cycle between deployment is variable based on mission requirements.

Some Soldiers & units are redeploying in less than 12 months, for the 2d, 3rd and even 4th

SRP - Soldier Readiness Processing

Final Steps getting Soldier ready to deploy.

Pre-Deployment Health Questionnaire

Medical Threat Briefs, Immunizations
Mental Health Risks & how to access Family, FRG, Chaplain, Legal, Finance, etc.

Mental Health Treatment
Self-Referrals, Command-Referrals, etc.

90 - 180 Day PDHRA Post-Deployment Health Risk Assessment

Educate Soldiers about stress-related symptoms
Identify Soldiers with unmet mental health and other needs
(GOAL: Early Identification & Early Treatment = Decreased chronicity)

return of a functional Soldier)
Educate Soldier how to access mental health services.

Link risks to multi-disciplinary resources

Mental Health Treatment
Self-Referrals, Command-Referrals, etc.



Operation Gentle Landing: Reintegration



- Resilience & Restoration
- Care Management Program
- Family Life Chaplain Support
- Family Assistance Center
- Reintegration with Installation
- Psychosocial Issues
- Transition of Soldiers Care to VA

Post *Traumatic* Stress Disorder

War zone horrors linger for some
as they return out of harm's war

By Nancy Bourget

Feelings of horror remain





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Mental Health Programs & Services



➤ Installation

- ⇒ Well-Being Risk Reduction Program
- ⇒ Fort Hood Town Hall - Quarterly Meetings
- ⇒ Inter-Agency Quarterly Council Meetings
- ⇒ Family Readiness Group Assistants
- ⇒ Military Child Education Coalition
- ⇒ Schools (Liaisons with Community)
- ⇒ Family Advocacy Specialists (Unit Reps)
- ⇒ Housing Committee for On-Post Child-on-Child Abuse
- ⇒ Wounded In Action Service Center
- ⇒ Chaplain Family Life Training Center- Marriage and Family Therapy
- ⇒ Outreach - Soldier and Family Life Consultants (**Pending**)
- Army Community Service & Family Advocacy Program
- Family Advocacy Committee
- Domestic Violence and Child Abuse Fatality Review Committee
- Installation Sexual Assault Review Board
- Sexual Assault Prevention and Response Program
- Victim Advocates
- Suicide Prevention Program
- New Parent Support Program
- Exceptional Family Member Program
- Army Substance Abuse Program
- Mayors in on-post communities

➤ Community

- ⇒ Survivor's Support - **Gold Star Bereavement Center**
- Chambers of Commerce (Killeen, Copperas Cove & Heights)
- Multiple Helping Agencies (Red Cross, VFW, etc.)

Harker

➤ MEDCEN (CRDAMC)

- ⇒ Resilience and Restoration Center (Psychiatry, Psychology and Division BH assets - 4th Infantry DIV and 1st Cavalry DIV)
- ⇒ Post Deployment Health Reassessment
- ⇒ Care Managers in Primary Care Clinics
- ⇒ Operation Gentle Landings
- ⇒ Caring Hearts Bereavement Team
- ⇒ Chaplains - Clinical Pastoral Education Program
- ⇒ BH Care Liaisons (Case Managers-Social Service Assistants)
- ⇒ Military Severely Injured Center (MSIC)
- ⇒ Tri-Agency Council - Social Work, Child Protective Services and Family Advocacy
- ⇒ Partnerships/Relationships:
 - Veteran's Administration (Waco, Temple & Austin)
 - TRICARE Partnerships
 - Texas National Guard
 - Texas Department of Human Services
- **Behavioral Health Consortium** - Psychiatry, Psychology, Department of Social Work/ Family Advocacy Program, Department of Substance Abuse Services, Child and Adolescent Psychiatry and Evaluation Service
- Population Health
- Medical Sexual Assault Review Board

➤ Chaplains - Unit, MEDCEN, Installation, Ministry Teams
➤ 85th Combat Stress Detachment
➤ Public Affairs Initiatives (Newspaper, TV [Fort Hood On-Track])
➤ On-Line/Information Technology Initiatives (**pending** for mental health and substance abuse)



Mental Health Plan Milestones



Feb 05 - Jul 05

VA Liaison Counselor (ongoing since Feb 04)

Began PAO Campaign (30 Mar 05)

Began DCS training to units, FRG Assistants (15 Jun 05)

PDHRA pilot project awarded (29 Jul 05)

BHS Care line established (8 Mar 05)

Initial Fatality MOA w/VA Review (21 Apr 05)

(15 May 05)

Feb 05

Mar 05

Apr 05

May 05

Jun 05

Jul 05

Behavioral Health Forum Ft Sam Houston (18-20 Feb 05)

Began renovations for R&R Counseling Center (15 Apr 05)

Establish/educate community coalition (30 May 05)

1st VA slice on board (15 Jul 05)

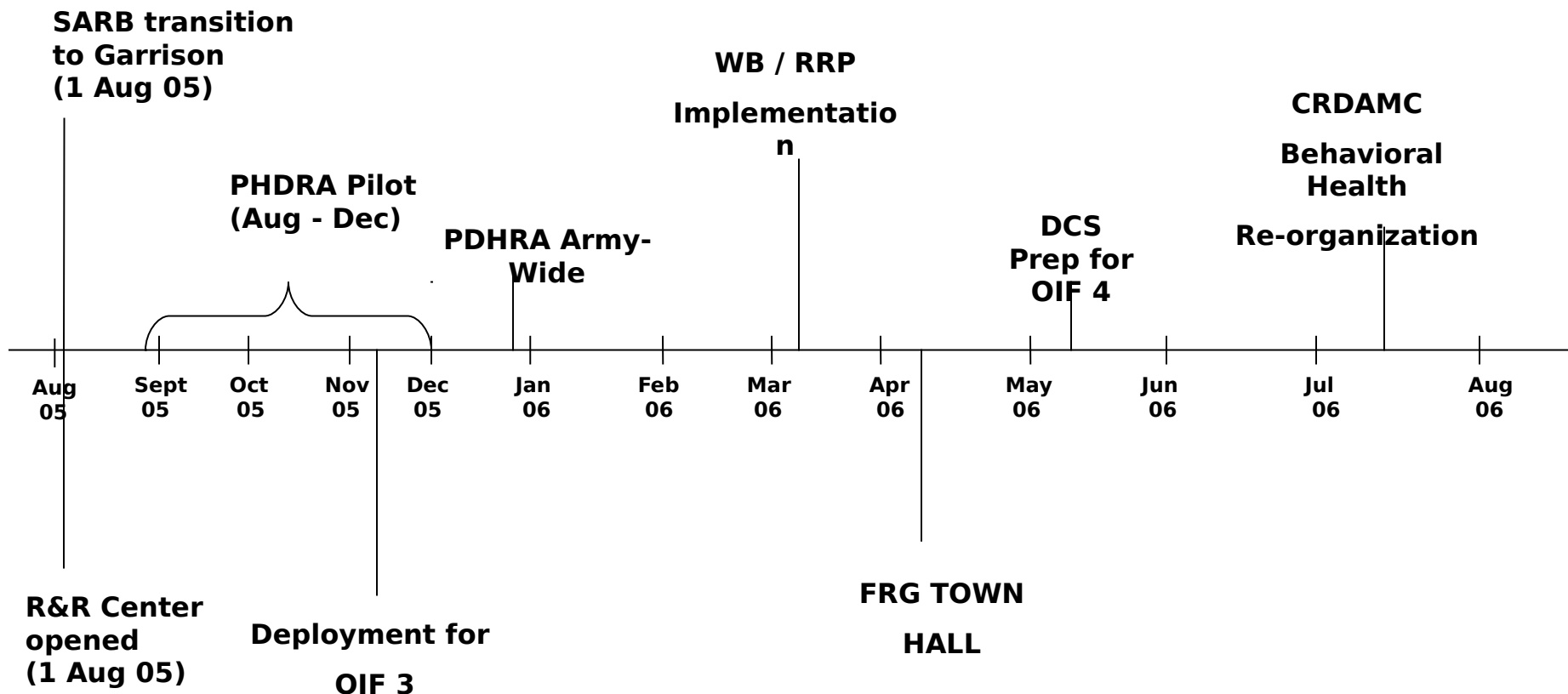
Military Severely Injured Counselor Center opened (Jun 05)



Mental Health Plan Milestones



Aug 05 - Aug 06





Portals for
Screening and
Identification

Mental Health

Template

Multi-Agency
Mental Health
Providers



Fort Hood Agencies

- FRG/Rear Detachment
- Chaplain
- CSC
- ACS
- Self: Soldier and Family

Special Circumstances

- Hospitalized soldier
- Distant civilian MTF
-

Pre/Post Deployment Processing

- SRP
- R-SRP (0-10 days)
- PDHRA (90-180 days)

CRDAMC Agencies

- ED
- FAP
- PCM
- Care Mgr
- Sick Call
- Case Mgr
- SARD
- Redeployed HCP

Command Referral

Military One Source

Team Hood Risk Reduction Program

Mental Health Support Cell

Roles:

- **Care Line (535-4497)**
- Triage
- Screening

Referrals /

- Resilience & Restoration Center (R&R)
- Div / Corps Mental Health (Combat Stress Control)
- Dept of Psychology
- Dept of Psychiatry
 - Outpatient/Inpatient
 - Adult/Adolescent/Child
- TRICARE / VA network
- Army Community Service
- Dept of Social Work
 - Family Advocacy
 - Sexual Assault
 - Care Manager
 - Substance Abuse (SAR)
 - Family Life Chaplain/ Training Ctr
 - Military One Source / Military Severely Injured

Since 03/2005 received 230 calls, resulted in 91 referrals to the Care

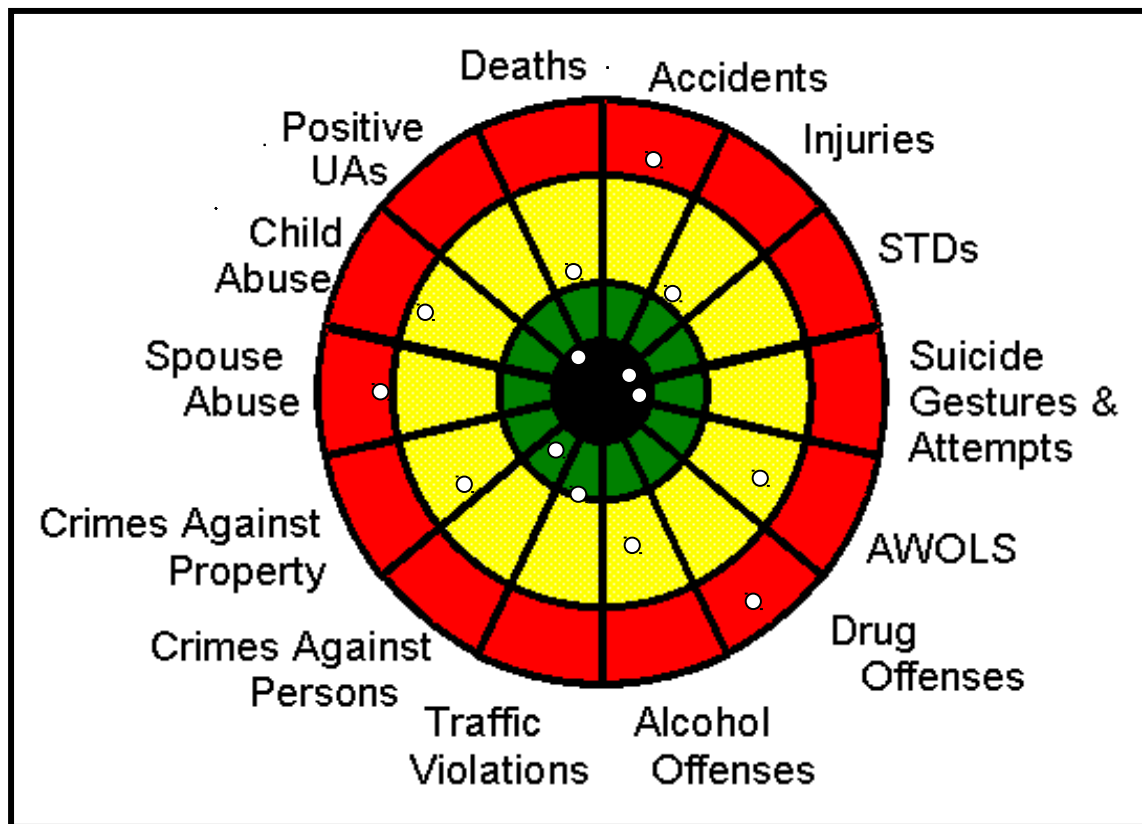


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Well Being / Risk Reduction Program



16 Areas of Interest/Zones



- Area 1 - Deaths**
- Area 2 - Accidents**
- Area 3 - Injuries**
- Area 4 - Sexually Trans Disease**
- Area 5 - Suicide Gest & Attempts**
- Area 6 - AWOLs**
- Area 7 - Drug Offenses**
- Area 8 - Alcohol Offenses**
- Area 9 - Traffic Violations**
- Area 10 - Crimes Against Persons**
- Area 11 - Crimes Against Property**
- Area 12 - Spouse Abuse**
- Area 13 - Child Abuse**
- Area 14 - Positive Urinalysis**
- Area 15 - Financial Problems**
- Area 16 - Other Possible Additions**

Brigade A = A
Measured against FH Average

Low Risk = Green
Moderate Risk = Amber
High Risk = Red



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Well Being / Risk Reduction Program



WB-RRP MONTHLY MEETINGS

1st Month

2nd Month

3rd Month

Risk Reduction Council

- identify/forecast QTR patterns/trends, analysis and recommendations
- determine necessary actions to improve outcomes
- direct required assets to execute actions

CG, DIV CDRs, BCT/ Unit CDRs

- present aggregate RRC QTR findings/ recommended actions
- obtain leader input from CDRs, Senior NCOs, Chaplains, JAG Safety & Surgeon
- provide leaders POCs for

Installation Support After Action Review

- respond to action items identified by leaders
- identify and gather information requested and provide to individual CMDs, as requested
- prepare information for

resources requested

presentation at CDRs



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THE GREAT PLACE



Questions?

Carl R. Darnall Army Medical Center

